

# ALL NATIONS GM-104



**ALL  
NATIONS**



Cultivar

**Mac Doughnut**

Type

**Indica dominant**

At All Nations, traditional values are combined with the most modern cultivation methods. The team, with indigenous roots, is primarily from the traditional Stó:lō territory in British Columbia, Canada. Their expertise in cannabis cultivation is deeply rooted in an intimate understanding of the land and its climate.

## Lineage

Mac I   **X**   Birthday Cake

## Aroma/Flavor

Sweet, fruity aroma with creamy notes.

## Possible Effects and Applications

Patients report a calming and relaxing effect. All Nations GM-104 can be used, among other things, for the treatment of chronic pain, depression, anxiety disorders, and sleep disturbances, as well as for alleviating stress-related symptoms.

## Dominant Terpenes and Their Properties:

### Limonene –

Anxiolytic,  
antidepressant



### Caryophyllene –

Anti-inflammatory,  
cell-protective



### Linalool –

Anxiolytic,  
anticonvulsant



### Myrcene –

Anticonvulsant, pain-  
relieving

