



PEDANIOS 31/1 COS-CA

Medicinal Cannabis

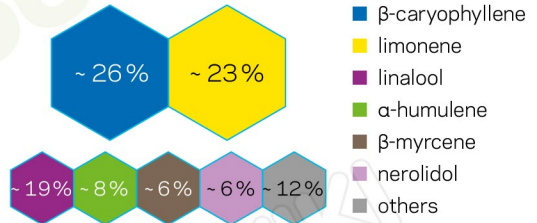
THC/CBD:	approx. 31 % THC < 1 % CBD
Dominance:	Indica
Cultivar:	Cosmic Cream (COS)
Genetics:	Gasberry, Alien Cake 3030
Origin:	Canada (CA)
Unit:	10 g



Strain description:

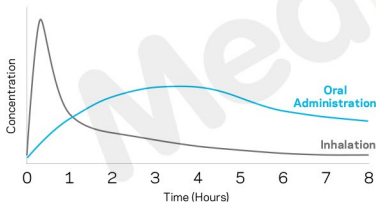
This indica strain offers an aroma of sweet and fruity cereal milk with earthy undertones. Bred from exclusive lineages, Cosmic Cream displays green acorn-shaped buds frosted over in trichomes. Grown under the highest quality standards using hang-drying and hand-manicuring techniques, then carefully hand-bottled. The main terpenes of Cosmic Cream are caryophyllene, limonene and linalool, which can show analgesic, anti-inflammatory, sleep-inducing, and relaxing properties.¹

Terpene profile:



Shown as a percentage of the total terpene content. Percentages are averages over multiple batches.

Plasma level of THC:



Blood plasma levels of THC after oral administration or inhalation intake [modified from source Grotenhermen 2003]²

Inhalation:

Onset after 2 - 8 min
Peak effect after 10 - 30 min
Duration: 2 - 6 h







Using a vaporiser is a very efficient, fast-acting, and medically recommended form of administration. The optimal temperature setting is between 175 and 210°C.

Flowers with a high THC content limit the negative effects of vaporisation, as patients need to consume less to achieve the desired effect.

TITRATION GUIDE

- There is currently no uniform starting dose for cannabis products nor uniform dosing information.
- The recommended starting dose should be 0.05 g of flower. For the PEDANIOS 31/1 variety, this corresponds to approx. 15,5 mg of THC. Depending on effectiveness and tolerability, the dose can be increased every 1 – 3 days at a maximum of 0.1 g of flower.³

Onset and duration of effects for inhalation and oral administration⁴

	Inhalation	Oral administration
Onset of Effect	 Within seconds to minutes	 Within 30 minutes to 2 hours
Peak Effects	 Full effects peak within 30 minutes	 Full effects peak within 4 hours
Duration of Effect	 Up to 6 hours or longer	 Up to 12 hours or longer

Adverse events should be reported to MHRA or your doctor or pharmacist.
Reporting forms and information can be found at: www.mhra.gov.uk/yellowcard



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1. Russo E.B. Taming THC: potential cannabis synergy and phytocannabinoid-terpenoid entourage effects. *British Journal of Pharmacology*. 2011; 163: 1344-1364.
2. Grotenhermen F. Pharmacokinetics and pharmacodynamics of cannabinoids. *Clin Pharmacokinet*. 2003;42(4):327-60
3. Müller-Vahl, Kirsten & Grotenhermen, Franjo. (2017). Medizinisches cannabis: Die wichtigsten Änderungen. 114. A352- A356.
4. Ministry of Health HC, Health Canada. Health Effects of Cannabis. 2017.