



# Vanilla Ice 21/1

Cannabis Based Medicinal Product (CBMP) Approved for prescription use in the UK

**Grown by:** SafriCanna in South Africa

**Active ingredient:** Approx. 21% THC

<1% CBD

**Profile Type:** Indica Dominant Hybrid

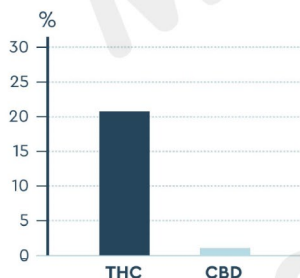
**Cultivar:** Vanilla Ice

**Formulation:** Flos: whole dried Cannabis Flowers

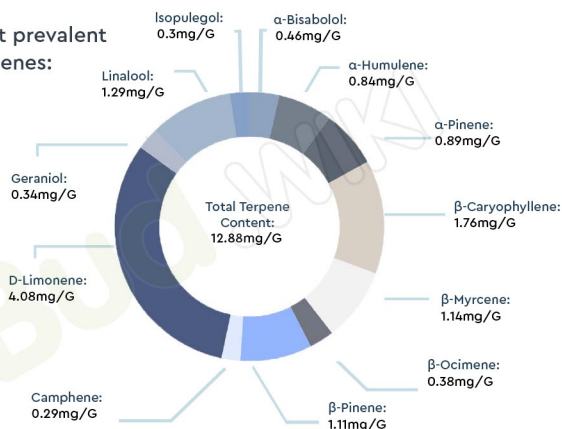
**Ingestion method:** Inhaled via herbal vapouriser



## Ingredients:



## Most prevalent terpenes:









Terpene	D-Limonene	B-Carophyllene	Linalool	B-Myrcene
Scent	citrus pine	sweet peppery	floral citrus	spicy earthy

## TITRATION GUIDE

- There currently is no uniform starting dose for cannabis products nor uniform dosing information.
- Patients are recommended to slowly titrate up to find their optimal dose for maximal therapeutic effects and minimal adverse effects.
- Timing of onset depends on mode of administration.

### Onset and duration of effects for inhalation and oral administration<sup>2</sup>

	Inhalation	Oral administration
Onset of Effect	 Within seconds to minutes	 Within 30 minutes to 2 hours
Peak effects	 Full effects peak within 30 minutes	 Full effects peak within 4 hours
Duration of Effect	 Up to 6 hours or longer	 Up to 12 hours or longer

2. Minister of Health HC, Health Canada. Health Effects of Cannabis.; 2017.

Adverse events should be reported. Reporting forms and information can be found at:  
[www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard)

Adverse events should also be reported to:

**IPS Pharma** | [medicalcannabis@ipsspecials.com](mailto:medicalcannabis@ipsspecials.com) | 0800 644 0747

# GROW

## PHARMA

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