## **SOMAÍ 20:1**

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Different THC/CBD ratios to enable a tailored treatment





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## THERAPEUTIC INDICATIONS

- Appetite Stimulating<sup>7</sup>
- CINV<sup>8</sup>
- Chronic Pain<sup>1,9</sup>
- Spasticity<sup>4</sup>
- Palliative Care5
- Sleep Disorders<sup>6</sup>
- Other Indications as Clinically Justified

1. Therapeutic Goods Administration (TGA). "Guidance for the use of medicinal cannabis in the treatment of chronic non-cancer pain in Australia". January 25, 2024. https://www.tga.gov.au/medicinal-cannabis-guidance-documents. Accessed January 2024. 2. Larsen C, Shahinas J. Dosage, Efficacy and Safety of Cannabidiol Administration in Adults: A Systematic Review of Human Trials. J. Clin Med Res. 2020;12(3):129-141. doi: 10.14740/jocmr4090.
3. Bonaccorso S, Ricciardi A, Zangani C, Chiappini S, Schifano F, Cannabidiol (CBD) use in psychiatric disorders: A systematic review, NeuroToxicology. 2019; 74:282-298. doi:10.1016/j.neuro.2019.08.002. 4. Therapeutic Goods Administration (TGA). Guidance for the use of medicinal cannabis in the treatment of multiple sclerosis in Australia. January 25, 2024. https://www.tga.gov.au/medicinal-cannabis-guidance-documents. Accessed February 2022. 5. Therapeutic Goods Administration (TGA). Guidance for the use of medicinal cannabis in the treatment of palliative care patients in Australia. January 25, 2024. https://www.tga.gov.au/medicinal-cannabis-guidance-documents. Accessed January 2024. 6. Suraev A, Mills L, Abelev SV, Arkell TR, Lintzeris N, McGregor IS. Medical Cannabis Use Patterns for Sleep Disorders in Australia: Results of the Cross-Sectional CAMS-20 Survey. Nat Sci Sleep. 2023;15:245-255. doi: 10.2147/NSS. S390583. 7. Razmovski-Naumovski V, Luckett T, Amgarth-Duff I, Agar MR. Efficacy of medicinal cannabis for appetite-related symptoms in people with cancer: A systematic review. Palliat Med. 2022;36(6):912-927. doi: 10.1177/02692163221083437.8. Therapeutic Goods Administration (TGA). Guidance for the use of medicinal cannabis in the prevention and management nausea and vomiting in Australia. January 25, 2024. https://www.tga.gov.au/medicinal-cannabis-guidance-documents 9. Therapeutic Goods Administration in GGA). Guidance for the use of medicinal cannabis in the treatment of chronic non-cancer pain in Australia. January 25, 2024. https://www.tga.gov.au/medicinal-cannabis-g

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## Titration and Dosing



#### THESE TITRATION MODELS SERVE AS AN EXAMPLE AND MUST BE ADAPTED TO EACH PATIENT



Days	Morning dose (mL of oral solution)	Evening dose (mL of oral solution)	Total daily dose (mL of oral solution)	THC total daily dose (mg)
1-2*	0	0.125	0.125	2.5
3 - 4	0.125	0.125	0.250	5
5 - 6	0.125	0.250	0.375	7.5
7 - 8	0.250	0.250	0.500	10
9 - 10	0.250	0.375	0.625	12.5
11 - 12	0.375	0.375	0.750	15

#### Titration scheme and practical dosing recommendations

The patient should take the minimum dose that provides effective symptom relief with tolerable side effects.<sup>10</sup> The titration should be conservative, done with increments of 2.5 mg THC every 2 days (or with increments of 1.25 mg THC for fragile patients).<sup>10</sup>

The dosage protocol can be adjusted according to the patient's profile. Increase dose as necessary and as tolerated, up to 15 mg of THC. Daily THC doses exceeding 20–30 mg may elevate the risk of adverse events or lead to the development of tolerance without improving efficacy. Maximum recommended daily THC dose: 40 mg, 10.13

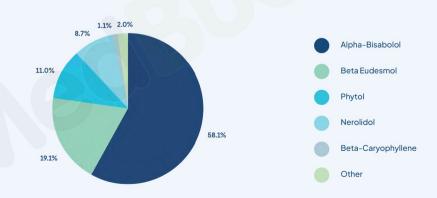
\*Ideally, the administration should start with an evening dose to limit adverse events and encourage the development of tolerance.14

#### MINOR CANNABINOIDS PROFILE\*,\*\*



Tests	Minor Cannabinoids Relative Content (%)		
CBG	38%		
CBN	26%		
СВС	19%		
CBD	8%		
THCVA	2%		
Other	7%		

#### **TERPENES PROFILE\*\***



 $<sup>{}^{\</sup>star}\mathsf{Relative}\,\mathsf{content}\,\mathsf{of}\,\mathsf{minor}\,\mathsf{cannabinoids}\,\mathsf{is}\,\mathsf{calculated}\,\mathsf{based}\,\mathsf{on}\,\mathsf{the}\,\mathsf{total}\,\mathsf{of}\,\mathsf{minor}\,\mathsf{cannabinoids}\,\mathsf{ids$ 

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<sup>\*\*</sup> These percentages are relative and have been determined using high-performance liquid chromatography as part of our quality control process. Please note that they may vary from batch to batch.